



CAMP TWIN CREEKS

Camp Twin Creeks
Medicine Zoom

Tuesday, June 4th 2024

Welcome to Camp Twin Creeks!



Agenda

1. Welcome!
2. Introduction: Nurse Lee
3. Health Center Best Practices
4. Pre-logging Medicine into Camp In Touch
5. Packing Medicine
6. Q&A



Nurse Lee

8 Summers at Camp Twin Creeks

2 Kids (have been coming to camp just as long!)



Health Center: Best Practices



“Rustic pediatric urgent care”

We treat 95% onsite

2-3 nurses each session

Doctor on-call 24/7

Stock OTC medications

We typically email for non-urgent matters; call for urgent matters

Health Center: Best Practices

IT'S VERY IMPORTANT that we know and understand any mental, physical, or emotional condition(s) that may affect your child so we can best care for them as an individual

- Physical exam within one year of camp start
- Health History Form
 - parent/guardian describes camper's health
 - vaccines (don't forget tetanus booster)
 - medications



Intro to Medications

Medication: anything that is not sunscreen, bug spray, or cosmetics, whether over the counter or by prescription

❖ What meds should I send to camp?

Any med that will be taken **DAILY or PREDICTABLY** by your camper (daily ADHD, daily miralax, frequent eczema cream, as-needed prescription anxiety med)

-Dramamine or equivalent for the bus or car ride home!

-DO NOT SEND vitamins or common OTC meds like Advil or Tums (we stock those)

❖ ALL medications **pre-logged** by parent/guardian into Health History Form

❖ ALL medications **pre-packaged** by parent/guardian before camp

❖ ALL medications stored IN HEALTH CENTER (with a few exceptions)



Entering Medications in Camp In Touch

- Click on Forms and Documents → Health History Form
- Answer “yes” to the question, “Will [my camper] take medications while at camp?” and follow prompts
- Enter each medication separately using the correct session dates
- Click through and re-sign the form on the last screen.

The screenshot shows a 'Medication' form with the following fields and values:

- Medication:** Dramamine or equivalent (EX: ADVIL PM)
- Dosage:** 1 tab (EX: 2 X 100MG)
- Initial Count:** (EX: 20)
- Start Date:** 07/06/2024 (MM/DD/YYYY)
- End Date:** 07/06/2024 (MM/DD/YYYY)
- Physician:** (Empty)
- Phone:** (Empty) (EX: 303-555-5555)
- When is it administered?:**
 - As Needed
 - Breakfast
 - Lunch
 - Dinner
 - Bedtime
 - Other
- Reason for Medication:** bus ride home
- Special Instructions:** (Empty)

Buttons: Cancel, Save

Medication	Reason	Instructions
Ritalin	ADHD/autism	EDIT DELETE
Ritalin	ADHD/autism	EDIT DELETE
Dramamine or equivalent	bus ride home	EDIT DELETE
melatonin	sleep	EDIT DELETE
claritin	allergies	EDIT DELETE
protein shake	weight gain. take meds with protein shake. finish 1 shake over the course of the day.	EDIT DELETE

[Add Another Medication](#)

[+](#) Add comments about Nico's medications.

OTC meds

Over the Counter Medication

Only ESSENTIAL doctor prescribed medications and those medications taken daily should be sent to camp. Our infirmary supplies all over the counter medications to be taken as needed.

If you have questions or concerns about this let us know by calling Amy or Iain, 800-451-8806.

The following medications are stocked in the health center. Can Nico take the following medications? **All** **None**

Packing Medications - info from p.9 of the [Parent Handbook](#)

YES:



NO:



Medication “Chain of Custody”



Parent drop-off:

Parent brings all medications directly to the Health Center and hands them to the nurse

DC Area bus:

- Don't pack the medications in your camper's luggage!
- Keep the meds out and hand them to the bus counselor when your camper boards the bus.
- All meds will be delivered to the Health Center on arrival to camp.



What if my camper gets sick?

- ❖ PRN meds from home
- ❖ OTC meds at camp
- ❖ Camp doc can prescribe meds
- ❖ Take to urgent care
- ❖ Take to ER/Call EMS



Q&A

- Feel free to use the chat or raise your hand!
- healthcenter@camptwincreeks.com

